

TRAINERS TEAM

■ **Kostas Theofanides, MSc**, ktheofanides@projectyou.gr

ΣΥΝΤΟΝΙΣΤΗΣ ΠΡΟΓΡΑΜΜΑΤΟΣ

Current Business :

After 32 years of service in a wide range of managerial roles in MOBIL, BP, BOVIS LENDLEASE, ELPE, Kostas Theofanides he is startups founder and provides Career mentoring, Training, Business Development, Project management, Business Mentoring services to individuals and enterprises, consolidating his wide business experience with thorough theoretical knowledge. He cooperates with Bodosakis Foundation and British Council for supporting social entrepreneurs.

He is founder and Partner in startup companies:

- Projectyou ltd (www.projectyou.gr) : Training, mentoring, project management services
- www.innovation-community.gr : Forum for sharing innovations application in supply chain

His main training capabilities are :

Entrepreneurship workshops, Leadership and change management, Breakthrough thinking, Efficient decision making and implementation, New Business development, Development of sustainable business plans, Project management – hard and soft skills (certified trainer), Transportation economics, Logistics, Procurement, Effective meetings- 6thinking hats (Ed. De Bono) (certified trainer), Career and business mentoring

Previous Jobs :

Engineering Mgr - EKO / BP, Country Mgr - BovisLendlease, Transportation Mgr – BP, Brand projects mgr - BP Europe, Wholesales Mgr - BP, Logistics Mgr Mobil, North Greece General Mgr - Mobil

Qualifications and Roles

- MSc Operational Research and Production Management, Brunel University / London
- Mechanical - Electrical Engineering, Polytechnic University / Thessaloniki
- Chairman of Association of Advisors for Safe Transportation of Dangerous Goods (2004-2012)
- Treasurer of PM Greece (ΕΔΔΕ- Ελληνικό Δίκτυο Διαχειριστών Έργων) (2008-2012)



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■ **Katerina Theofanidou**, ktheofanidou@projectyou.gr

Εκπαίδευση

- Πτυχιούχος του τμήματος Βιομηχανικής Διοίκησης και Τεχνολογίας του Πανεπιστημίου Πειραιά.
- Μεταπτυχιακό στη Διαχείριση Ενέργειας και Προστασίας Περιβάλλοντος από το ΕΜΠ και το Πανεπιστήμιο Πειραιά.

Επαγγελματική Εμπειρία

- Χει 19ετή επαγγελματική εμπειρία σε πολυεθνικές και μεγάλες ελληνικές εταιρίες, όπως BP Hellas, Ελληνογερμανικό Επιμελητήριο, EPT A.E., Alpha Δορυφορική Τηλεόραση, DEKRA Akademie κ.ά.
- Είναι ιδρύτρια και Διευθύντρια της **projectyou** Συμβουλευτική Οργανωτική Μον. ΕΠΕ από το 2009.
- Το διάστημα 2011-2013, με μια ομάδα έμπιστων συνεργατών, ιδρύει **τρία start-ups**: metagora.gr, agorathermansis.gr, 3S4S Εφαρμογές ΕΠΕ.
- Είναι εκπαιδύτρια, σύμβουλος επιχειρηματικότητας νεοφυών και υφιστάμενων επιχειρήσεων και μέντωρ νέων επιχειρηματιών.
- Πιστοποιημένη Project Management Associate IPMA–D (International Project Management Association) από το 2008, με εμπειρία τόσο στη διαχείριση έργων όσο και στην εκπαίδευση στο Project Management. Είναι επίσης πιστοποιημένη εκπαιδύτρια ενηλίκων μη τυπικής εκπαίδευσης από τον ΕΟΠΠΕΠ και από την Κεντρική Ένωση Επιμελητηρίων της Γερμανίας (DIHK e.V.).
- Χει 15ετή διδακτική εμπειρία ως εισηγήτρια σε πλήθος εκπαιδευτικών σεμιναρίων στα αντικείμενα: Project Management, Microsoft Project, Επιχειρηματικότητα, Εκπόνηση Επιχειρηματικού Σχεδίου, Marketing, Soft Skills, Επικοινωνία, Τεχνικές Παρουσιάσεων και Logistics σε ανοικτά και ενδοεπιχειρησιακά σεμινάρια.
- Από το Νοέμβριο του 2019 κατέχει το ρόλο της Γενικής Γραμματέως στο Ινστιτούτο Logistics Management Ελλάδας (ILME) και από το 2021 κατέχει το ρόλο της Προέδρου του Ελληνικού Δικτύου Διαχειριστών Έργων στην Ελλάδα.



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■ Eleni Maria Papadopoulou, PhD

marlenapapadopoulou@gmail.com

Academic Qualifications:

PhD, Department of Applied Informatics, University of Macedonia, GR

MBA-TQM, Department of Business Administration, University of Piraeus, GR

Maritime Studies, Department of Maritime Studies, University of Piraeus, GR

- Dr Eleni Maria Papadopoulou has studied at University of Piraeus, where she received an undergraduate degree in Maritime Studies and a postgraduate degree in Business Administration - Total Quality.
- She received her doctoral degree in Logistics and Supply Chain at the University of Macedonia.
- Her work has been published in International Journals, book chapters, as well as in proceedings of International Conferences.
- She has been teaching at CITY College, The International Faculty of University of Sheffield since 2013.
- She has been teaching the units of “Total Quality Management” and “Supply Chain” at the Alexander Technological Educational Institute of Thessaloniki (Department of Logistics) since 2008, as a part-time lecturer.
- She taught the unit of “Supply Chain Management” at the Technological Educational Institute of Kavala (Department of Business Administration and Department of Information Management) in 2012.
- She has been also teaching the units of “Management of Shipping Operations” and “Total Quality Management” at Mediterranean College, in Executive Diploma courses, supported by the London Centre of Management, UK.
- Dr Papadopoulou has also been involved in training business seminars for Centres of Continuing Education and consulting companies. Besides her academic experience, Dr Papadopoulou has been working in the field of Shipping and Logistics since 2005, either occupied in various logistics corporations or as a freelancer undertaking the management and execution of business projects on supply chain.



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■ **Konstantinos Voulgaris**, cvoulgar@yahoo.com

Education and Achievements

Bachelor in Mathematics

Master in Business Administration

European Senior Logistician Certification (ELA)

Member of the Board of Directors in ILME

Professional Experience

Konstantinos during his career led commercial and operational projects of strategic importance and held leadership roles.

He is currently working at the car leasing sector as **VP of Sales and Operations** in one of the most dynamic startups in Europe, Flexcar. He also held the following positions:

The Mart Cash and Carry for 2,5 years as **Distribution Centers Director, Head of Sales and Head of Supply Chain**. At his commercial role he oversaw 12 Area Managers and 60 salesmen, designed and implemented the company's penetration in alternative channels. As Head of Supply Chain, he was in charge of reorganizing the Distribution Center creating in 6 months a totally new work methodology and increasing its capacity by 30%.

Argos SA Press Distribution Agency for 10 years as **Group's Commercial Director and Logistics Director**.

He led Argos SA transformation strategic plan from a conventional press distribution agency to a modern 3PL and significantly contributed to the change of employee's mindset by cultivating a new culture in the company based on its future perspective.



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■ George Likas, likgeorge@gmail.com

- Mechanical Engineer graduated Polytechnic School of Thessaloniki
- Certified IPMA project Mgr

George has undertaken the following roles in the Industry:

- Transportation Mgr, REVOIL
- Supply Chain optimization Mgr, ELPE
- Transportation Mgr EKO-BP
- Production-Inventories-Maintenance Eng, ALUMIL
- Automations and Maintenance Eng, SIDENOR

During his career he managed fleets of 400 fuel trucks, Order to Delivery processes, Terminals operations, operators, drivers and supporting personnel, production lines, etc.

He was instructor in various seminars in above companies in topics such as Work Safety Road safety, Transportation optimization , transport economics, procurement management, Risk Management, Change management, negotiations, etc

He is member of TEE, certified LAEK instructor

